

Contributor	Access via	Date added	Resource	Category	Contact
Swinfen Hall/NHS	PDF	31/03/20	FACE COVID – How to respond effectively to the Corona crisis – by Russ Harris author of The Happiness Trap	Mindfulness	lucy.courtney-brisbane@nhs.net
			Creative calm through Coronavirus	Mindfulness	
			Simple breathing exercise	Mindfulness	
			Breathing exercises	Mindfulness	
			2 player games	Games	
			General knowledge quiz	Games	
			Crosswords	Games	
Kestrel Theatre Company	PDF	31/03/20	Welcome letter	Creative writing	Kestreltheatrecompany@gmail.com
			Week one	Creative writing	
			Week two	Creative writing	
Prison Phoenix Trust	Email all@theppt.org.uk for password to access	31/03/20	Yoga and meditation worksheets	Meditation	all@theppt.org.uk

Safe Ground	PDF	31/03/20	Week one	Creative writing	info@safeground.org.uk
			Week two	Creative writing	
		3/03/20	Week three – Little Foxes chapter 1	Creative writing	
Rowan Mackenzie Shakespeare UnBard	PDF	31/03/20	Macbeth activities	Creative writing	
			Richard II activities	Creative writing	
			Romeo and Juliet activities	Creative writing	
		2/04/20	The Tempest activities Level 1	Creative writing	
			The Tempest activities Level 2	Creative writing	
			The Tempest activities Level 3	Creative writing	
			Wordsearches bundle	Activities	
Cell Workout	Dropbox	31/03/20	Dropbox	Exercise	Cell workout Twitter
HMP Brixton	PDF	31/03/20	Penned by a prisoner days 1-10	Creative writing	HMP Brixton Twitter
			Drawing challenge	Art	
		2/04/20	Penned by a prisoner days 11 - 20	Creative writing	
			Drawing challenge 2	Art	
Plan B Mindfulness	Email for access	31/03/20	Email for access	Mindfulness	info@wavesmindfulness.com

Project 507	URL to Google Drive	31/03/20	Shared drive	Miscellaneous (Sodokus, crosswords, colouring pages, worksheets, wordsearches, yoga, mindfulness, exercise)	Whitney.lles@project507.co.uk
Penal Reform Solutions	PDFs	31/03/20 2/04/20	Growth worksheet 1 Growth worksheet 2 Growth worksheet 3 Growth worksheet 4 – Acceptance and taking control Growth worksheet 5 – Anxiety and uncertainty Growth worksheet 6 – Transformative letter writing	Personal development Personal development Personal development Personal development Personal development Personal development	info@penalreformsolutions.com
The Bell Foundation and British Council	Website which links to PDFs	31/03/20	ESOL Worksheets	Language	
Prisoners' Education Trust	PDF – email helena@prisonerseducation.org.uk to receive the packs.	31/03/20 3/04/20	Construction, Trades, Health and Safety Study Skills Sport and nutrition study skills	Study Skills	helena@prisonerseducation.org.uk

Beyond Recovery	3 PDFs	2/04/20	Word searches 1, 2 and 3	Activities	jacqueline@beyond-recovery.co.uk
The Kiwi Tribe	PDF	3/04/20	Activity pack	Activities, mindfulness, personal development	Helen@thekiwitribe.co.uk
Koestler arts	PDF	3/04/20	How to enter Entry form	Other	
HMP Lewes Careers Advice	PDF	3/04/20	Lockdown Lantern – issue 1 Lockdown Lantern – issue 2 (designed to be printed black & white, double sided on A3 to make a 4 page magazine)	Personal development, activities, creative writing	cherylsmithcareers@gmail.com
Learning Together/HMPPS	URL to Google Drive (then download)	07/04/20	ThinkLet	Mixed educational	
SEND resources	PDFs	07/04/20	Book review writing prompts Rounding Decimals Reading comprehension Self-awareness Simple addition and subtraction Simple multiplication practice Slow writing strategy Special phrases Thinking bubbles Thinking vs speaking Who When Why writing resource Wordsearch 1	Mixed – mainly literacy and numeracy	talatkhan@advantagesend.com

Excellence Gateway/Send	Link to PDFs	07/04/20	Mindful Toolkit	Education and learning ideas	
Reading Agency	PDF – also contains additional links to other resources	07/04/20	Reading Ahead during Covid19	Reading, activities and learning ideas	